

# Bulletin

COUNTRY LIVING in Queanbeyan and Palerang



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## Celebrating Spirit of the Lake

Peng Hsiao-yin (Grace) and Chen Yi-Ching (Olivia) from Danceology (Taiwan) who will perform at the Weereewa Festival in March. For the uninitiated, Weereewa, also known as Lake George, lies near Bungendore and is currently a good dancing platform, being pretty dry!

Danceology returns with Malaysian dancer Jyh Shyong Wong, formerly of world-renowned Cloudgate Dance Theatre, to work with Elizabeth Cameron Dalman and Mirramu Dance Company on the 2014 project 'Mirror Image'. The dancers will perform at venues around Bungendore and Canberra as part of the festival which runs from February to the end of March.

The program includes an environmental science forum at Silver Wattle, numerous indoor and outdoor classical and contemporary musical performances, literary events at Lerida Estate, Café Wood Works, and other local cafes and also local and regional art exhibitions. Guided walking tour and bike ride also feature.

Find out more at  
[www.weereewafestival.org](http://www.weereewafestival.org)

## Palerang and Queanbeyan: merger possible in 2017 but look at bigger picture

by Pete Harrison\*

THE final report from the Independent Local Government Review Panel was released by the NSW government in January. Throughout the review process, much of the local interest has centred on discussions relating to council amalgamations. The panel has recommended that Palerang and Queanbeyan councils be merged.

However, amalgamations are only one small part of the local government reform agenda.

The ultimate goal of the review is to improve the efficiency and efficacy of local government in NSW. In this context, neither Palerang nor Queanbeyan is currently

identified as being unusually stressed.

Early concerns over Palerang's financial viability, following the original merger, have largely been addressed.

Both councils are now considered to be in moderate financial health. Indeed, the final report has softened its position on a local amalgamation, and simply lists it for review in 2017.

The local amalgamation discussion arose in the context of strengthening the regional centres of proposed 'County Councils' now being referred to as Joint Organisations. Their role, rather than any amalgamation, is perhaps a more critical issue in our unique

environment, because the real regional centre for the NSW council areas surrounding the ACT is Canberra.

What goes on in Canberra has the greatest impact on the social aspects of these local government areas. In the case of Palerang, Canberrans also affect its road network. The viability of local councils will ultimately depend on how well they work together with the ACT government, and that particular relationship is outside the scope of the review.

The critical issue then will be the ultimate structure of Joint Organisations, and how well they allow an external jurisdic-

tion like the ACT government to contribute effectively to their operation.

### Any positives to a merger?

Regardless, there are some positive aspects of an amalgamation agenda. Simply being able to support the staffing numbers required to deliver the full range of services people expect from councils today is very appealing. The practical reality, however, is that the range of services and the means by which they are delivered will invariably be dictated by the democratic majority.

The current feeling within Palerang Council is that there is not a large overlap

*Continued p5*

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## Seen at the Bungendore Show ...

— photos Robyn Hall (\*)



Llama Magic 'Llapoleon' and Glynda Bluhm at the Bungendore Show. \*

Best in Show: story p13.



A bullock team from Tomerong at the Bungendore Show. Bullocks grow so big because they live so long, according to Ron McKinnon bullock team owner. \*



## ... Australia Day

Important things Australian on a very hot day: Jo and Will Cave enjoying the Australia Day Pool Party at the Royal Hotel, Bungendore. \*

# Bigger wind farm on horizon

PALERANG Councillors have been taken by surprise by press reports of a massive new wind farm proposal for the north-eastern escarpment of the Lake George Basin. It extends from Lake Bathurst and five kilometres from Tarago, through Boro and Mt Fairy and across the Kings Highway near the Goulburn Rd to the Mulloon area.

The proposed Jupiter Wind Farm would consist of 100 turbines, taller with bigger blades than the current ones in the area, transmission lines and an electricity substation as well as other infrastructure, according to a company document filed with the NSW Department of Infrastructure and Planning. The document asks for state directions for an environmental impact statement. Some 350 MW of electricity would be generated.

The document notes that the wind farm proposal is in line with the NSW government's objective to have a 20 percent mix of renewable energy sources by 2020 under the renewable energy (RET) scheme (which is looking shakier under the current federal government).

Mayor Pete Harrison said Council staff had a very preliminary meeting with the



developers – Sydney-based EPYC Pty Ltd – late last year, but no formal approach has yet been made here. Locals have known of the company's wind monitoring towers in the

area for two years, including on the property of a former Councillor.

The company says it is attracted to this area by the cleared paddocks, easy access, closeness to major roads and gentle topography that makes construction easier. Jobs and income for the area are mentioned. The project, with a capital investment of some \$400 million will be assessed as a State Significant Development, meaning that all the decisions are made at the state level.

As the *Bulletin* was preparing this article, an email came in from Boro landholder Melanie Hayes who wrote that some large neighbouring landholders (25 in all according to EPYC's document) have been in consultation with the company to host turbines. Hayes said there may possibly be 20 turbines on neighbouring properties.

She added, "this process has been completed without all adjoining landowners being aware of the proposal, and for those who will be affected, eg non-direct adjoining landowners.

"In our personal case, as direct adjoining landowners, there is a proposal of some 20 wind turbines to be placed on land directly adjoining our property. We were not advised

of this, we were not consulted by the landowners or by EPYC Pty Ltd. We were not made aware of the proposal until a neighbour found the application on the NSW Planning website."

Councillor Peter Marshall said the company has reportedly made attempts to contact neighbouring landholders, but so far the community consultation has not taken off. "The company doesn't do itself any favours by mismanaging consultation," he said.

Benefits to hosting landholders can be substantial and a welcome addition to farm income. A common understanding is that the industry offers up to \$10,000 annually per turbine. EPYC is an Australian/Spanish joint venture utilising Spanish engineering know-how with large-scale wind technology.

**Melanie Hayes informed The Bulletin that there will be a meeting on Sunday 9 February at the Tarago Park at 4pm for landowners opposed to the wind farm.**

As a supporter of renewable energy The Bulletin is not against wind farms. However, appropriate location and wider community consultation and involvement/partnership are issues that should be addressed.

— Maria Taylor

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# Shhh, NSW no longer does 'drought'

## Saving money trumps farmer's needs

WE'VE all noticed that it's been a dry spring and summer in our region. You could be forgiven for not knowing, however, that in north western NSW drought has been gripping primary producers for quite some time.

**Previously when an area was drought declared, farmers could automatically access assistance like fodder and stock transport subsidies**

For many in the north-west flood has been followed by no rain at all, leaving pastures smothered and completely barren. I visited the area before Christmas and it was depressing to see the lack of feed and to hear from farmers about the tens of thousands of dollars they were spending each month on feed – just to keep core breeding stock alive.

So why don't people know about it? Well, in part because in NSW we officially no

longer have 'drought'. Under the government's new policy there is no drought, only seasonal conditions reports which include descriptions like 'dry'.

A farmer knows when they are in drought but it's important for the rest of the state to know as well. It's important because the city needs to know when the country needs support.

We also need to understand comparisons between this drought and the last, because that helps us all to get an idea of how bad seasons are and what farmers need. Under the old system when an area was declared as in drought farmers could automatically access assistance like fodder and stock transport subsidies, among other things.

The Nationals new drought policy appears to be much more about saving

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money than it is about helping farmers to cope with drought.

The Nationals would have us believe that this is all part of a national drought policy agreed by the previous government. I was the Minister for part of those negotiations and at no stage did we agree that there would be no declaration of drought in each state or that other state based drought assistance would be abolished.

What we did agree to (not that we had a lot of choice) was shifting resources to help farmers better prepare for drought and to help producers who were not viable to leave the industry. In NSW we've seen plenty of rhetoric but no funds. Despite talking about more education programs there has been no funding – indeed TAFE has been cut.

Instead, we now have a system which has abolished automatic entitlement to stock and fodder transport subsidies and now requires a handpicked ministerial committee to travel around and make decisions on where and when assistance should be provided – it's a great way of saving money, but it is not a great way of helping farmers.

What's the relevance for our region? The same system will apply here when we next go into what was once called 'drought'.

Continued p9

### COUNCIL MERGER

From p1

between the demographics serviced by Palerang and Queanbeyan councils. A merged council would need to increase its range of delivery options, or adopt a more pragmatic 'one size fits all' approach. The former would potentially negate any benefit derived from consolidating overheads, and the latter would potentially negate any

### Comment from Queanbeyan Mayor

QUEANBEYAN Councillors and senior staff will conduct an initial workshop in late February to consider the Independent Local Government Review Panel recommendations.

Mayor Tim Overall said: "Personally and from a state perspective, I agree with the conclusion of the Independent Panel that, in its present form, Local Government is not sustainable and fit for purpose much longer.

"The recommendation for Regional Joint Organisations has considerable merit and I note the recommended South East Regional Joint Organisation is significantly different from the South East Region in the NSW 2021 Regional Action Plan.

"In regard to boundary changes/mergers and the proposed merger of Queanbeyan and Palerang, I question the proposed timing of 2017 for referral to a restructured Boundaries Commission given the Local Government elections are due in September 2016.

"The overarching imperative is to ensure the long term sustainability and effectiveness of NSW local government – it is all about strengthening strategic capacity and delivering on communities' expectations.

"If amalgamations and boundary changes are to happen, it is preferable in my view that the NSW Government addresses this in 2015–16 and the September 2016 Local Government elections take place within the new local government boundaries. To focus on council amalgamations immediately following the election of councillors for a new four year term merely perpetuates uncertainty for the wider community and raises the question: will there be new elections in 2017–18."

benefit for residents who do not fit the 'majority mould'.

The real benefit from an amalgamation, if any, will not be obvious until we know exactly how the new Joint Organisations will operate, and what benefits they can bring to individual councils. The Joint Organisation model provides an opportunity to retain the current level of representation for individual communities, while increasing the strategic capacity of smaller councils.

As noted at the outset, however, this is only one part of the local government reform agenda, which also includes improving fiscal accountability and performance reporting, a review of the rating system, and the redistribution of grant funding. One way or another, over the next couple of years, we will see some significant changes in the way local government operates in NSW.

\* Councillor Pete Harrison is currently Mayor of Palerang.

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Dear Editor...

**After news of native vegetation protection lost in NSW, escalating government attacks on environment**



LIKE many others, I have been overwhelmed by the almost daily announcements by governments, both state and federal, about program reviews, "facilitated environmental processes", approvals of dodgy industrial developments, funding cuts to environmental support services, and even a federal government attempt to remove World Heritage status of Tasmania's old growth forests.

Among the latest victims are the Environmental Defenders Offices (EDO's) throughout Australia with their funding completely cut.

I urge readers interested in conserving our natural environment, which is facing multitudinous threats, to read about some of the recent funding cuts. The ACT's EDO summer newsletter, can easily be found at [www.edo.org.au/edoact](http://www.edo.org.au/edoact) and click on 'publications' for details. You'll find a list of assaults on environmental protection. They include 'one stop shops' for environmental approvals (with an EDO link to why this is a bad idea as endangered species assessments in the path of major developments are handed back to the states), the Environmental Amendment Bill, the abolition of the Environment Ministers Council, and marine parks 'open for business'.

Where to from here? At times the task ahead for those of us who want to protect environmental values seems too daunting. The issue of unregulated shooters in nation parks was, by comparison, a simple one.

What can an individual do? Personally, I have joined the committee of the National Parks Association (ACT), subscribe to Getup and sign their on-line petitions and only today I've received an invitation to attend a one day forum organised by the Conservation Council. There are a multitude of other organisations all working on environmental issues, I hope you find one to suit you.

— Graham Scully, Bywong

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# What to expect when you're facing heatwaves

Farz Edraki checks out the demand on the electricity grid and asks whether there is any rain on the horizon or whether we are in a full blown El Niño already

YOU'D be living under a rock if you hadn't yet realised we've been in the midst of a heatwave. (Actually, under a rock is probably the coolest place to be, compared to anywhere else at the moment.)

January's seen a second round of sustained hot weather and it's affecting our bush life. Fire-prone areas are drying out and trees are suffering under added stress.

People are also under heat stress.

So we know that hot weather causes many to turn up the dial on their air conditioning, which in turn puts pressure on the electricity grid. Melbourne's already expected serious blackouts; are we to see similar events in our region?

ActewAGL General Manager of Network Services, Rob Atkin, told the *District Bulletin*

there's not much to be worried about in this region. "The electricity network is relatively new and has always been well maintained so no extra pressure is felt on the grid. Ours is one of the most reliable electricity networks in the country," he said.

According to Mr Atkin, electricity demand in January isn't as bad as last year (to date). "The peak electricity demand at 12.45pm [on 31 January] was 520 megawatts (MW). Last summer's peak of 700 MW occurred at 4.45pm on Friday 18 January 2013 when the temperature was 42 degrees."

While power outages are unlikely, if they occur, they're probably the result of external circumstances. Mr Atkin attributes this to "high winds, wildlife on powerlines, vegetation on powerlines, third party contractors damaging electricity infrastructure, plus a range of equipment faults such as cable or feeder faults".

Actew customers are encouraged to report any outages or damage they see to electrical infrastructure to ActewAGL emergency hotline 13 10 93.

## Weather forecast for the next three months: El Niño in neutral

According to the Bureau of Meteorology's seasonal outlook, there's a chance we'll see more rainfall from February–April than over January–March. (It's called a reduced chance or less chance of lower than average rainfall.)

"Basically this means there are no climate influences biasing things towards a wetter or drier than normal February to

April," Catherine Ganter, senior climatologist from the Bureau told the *Bulletin*. "For temperatures, there is a 60 percent chance of warmer than normal daytime temperatures for the next three months."

We are in an El Niño period (a phase characterised by warm ocean currents off the South American coast). However, it remains relatively neutral.

"We are expected to remain in this neutral phase for at least the next three months," said Ganter. "Most climate models are showing some warming will occur, with some (but not all) models predicting that this warming may approach El Niño thresholds by early winter."

"However, forecasts that span the autumn period tend to have lower skill than other forecasts made at other times of the year, and so long-range model outlooks should be used cautiously at this time." For more details, have a look at the Bureau's website at [www.bom.gov.au/climate/ahead/rain.seaus.html](http://www.bom.gov.au/climate/ahead/rain.seaus.html). ■

## Dear Editor... Board Candidate for the Southern Region LLS

THERE is a Melbourne Cup field for the South East Local Land Services elections. But as only three can be elected, who do you choose? Your elected independent member will be in a permanent minority.

If purely local or sectional interests have a seat on the Board, who'll look after all the other different rural interests across this big region?

Who'll look after ALL the producers: peaches down in Araluen; grapes at Murrumbateman; cherries in Young; apples at Mittagong; milk at Bega; potatoes, asparagus, wool, wheat and cropping in general, meat sheep, beef, olives, and so the list goes.

Your 3 elected Board members have all these growers and more as their constituents. Can the person you are thinking of now cover the whole region, get to all the meetings they'll need to attend meeting growers? Do they have the time to travel the big distances they'll need to cover?

Boorowa to Eden, Mittagong to Jindabyne, that's the country your choice has to travel and represent. I have the time and ability to do the travel.

Do they have the experience in management across a wide field of business and government?

I do. I've run my own business, worked in sawmills and sunk fence posts. I've been a shire councillor for over 8 years, and worked in government for 25 years in operational management and grant funding. I can do the job properly.

I'm not a farmer. I'm a manager, and that's what's needed to cover this region's vast collection of very different rural business and press their case on the Board.

If a Board member is elected on a very sectional or local basis they are in for a long, lonely and frustrating ride.

I make no apologies for making a strong appeal to the voters. You'll need a strong voice on the Board.

You can contact me [via email] at [bill.delegate@gmail.com](mailto:bill.delegate@gmail.com).

— Cr Bill Bateman, Delegate NSW

According to the website for the LLS southeast region (<http://southeast.lls.nsw.gov.au/our-region>) four board members have been appointed by the NSW Minister for Primary Industries and details are on the website.

Three board members will be elected 12 March by landholders who enrolled to vote before the end of January. More details are available at [www.lls.nsw.gov.au/](http://www.lls.nsw.gov.au/).

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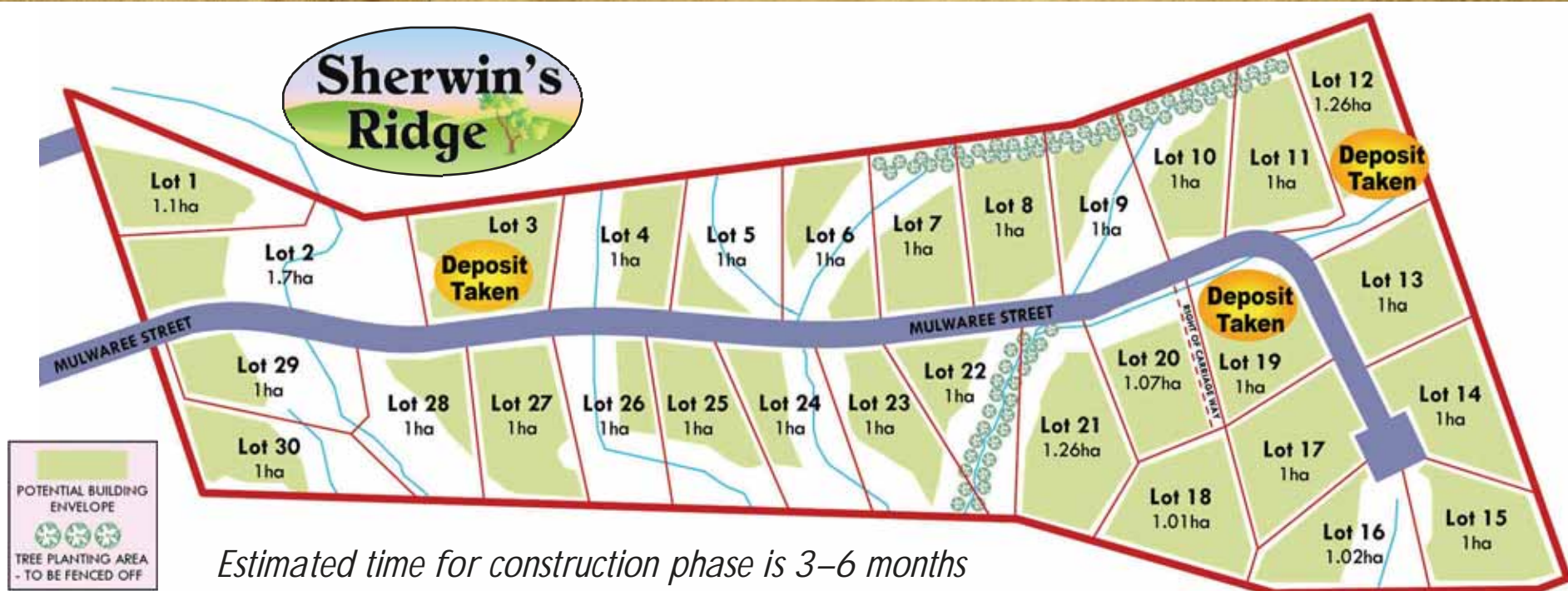
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# RA, genetics and gigantic oddballs

According to the Australian Institute of Health and Welfare (AIHW), rheumatoid arthritis (RA) affects more than 400,000 Australians. It's the second-most-common type of arthritis (after osteoarthritis) and the most severe. Doctors aren't sure what triggers the condition but recent discoveries are prompting new ways of thinking about its causes and treatments.

## What is RA?

UNLIKE osteoarthritis which is characterised by the wear and tear of joints, RA is an auto-immune condition where the body attacks itself. In this case, it attacks the linings of joints, causing pain, stiffness, inflammation and swelling.

Smaller joints in hands, feet and wrists are most affected but sometimes RA occurs in larger joints like hips, shoulders and knees. Structures surrounding the joints and other body parts including the heart, lungs and digestive system can also become damaged.

RA can affect people of any age, but is more common in older people (aged 55+) and more common in women than men. Learn more from the helpful booklet, *A snapshot of rheumatoid arthritis*, by AIHW ([aihw.gov.au](http://aihw.gov.au)).

**Genetics of RA – offering hope**  
RA seems to be caused by a poorly understood, complex interaction between genetic pre-disposition, environmental exposure to

## What's the Big Idea?



with  
**Sonja  
Chandler**

risk factors, and possibly hormonal factors. Some researchers say that 65 percent of the risk of developing RA is genetic, involving variations at a number of genetic regions. An international team including University of Queensland researchers Matt Brown and Jian Yang has discovered 42 new genetic regions that are involved in developing the condition – bringing the total to about 100 known regions.

They found that several of the newly identified genetic regions also play roles in other human conditions or diseases, including immune related diseases, cardiovascular diseases and cancer. And, many of the 'over-lapping' regions are already the targets of drug treatments for those other conditions.

Existing RA drugs only target 30 of the RA genetic regions. This new finding means that there are now potentially many 'new to RA' drugs that can be used to develop better targeted and more effective treatments.

## Mimiviruses and RA

They've been called gigantic oddballs. First identified as parasites of amoeba in the water of a cooling tower in England in 1992, mimiviruses are named for their ability to mimic bacteria.

They're five times bigger than ordinary viruses, even bigger than some bacteria. They carry over 900 genes, which is a lot compared to most other viruses but similar to that of parasitic bacteria. Also, they can be stained by dye that usually only stains bacteria.

Some mimivirus genes code for collagen proteins similar to human collagen. Collagen is one of the main proteins making up mammalian tissues; found in bone, skin, cartilage, internal organs etc.

Arthritis researcher at the University of Zurich, Thierry Hennot noticed this and wondered if people who had come into contact with mimiviruses might respond by making antibodies to the viral collagen which would then go on and attack their own

collagen – possibly triggering RA.

Findings from experiments using mice as a model system supported this idea. Researchers later screened blood from people with and without RA and found that about one-third of each group carried antibodies to mimivirus protein. However, more of the RA subjects (22 percent) carried antibodies to a mimivirus collagen protein than healthy subjects (6 percent)

The presence of antibodies indicated that people had been exposed to mimivirus at some time in the past. Researchers are quick to point out that mimiviruses are everywhere and not everyone who's exposed to them develops RA, but that exposure might be a risk factor in triggering autoimmunity to collagen. This is an exciting finding, and one that people studying autoimmune diseases will watch closely. ■

*Check out the ABC Health Report with Norman Swan for 1 February for an update on recent findings about how Alzheimer's develops ('toxic' proteins spreading in the brain) can they be stopped? and also the evidence about memory training, does it work?*

## What can you do now to avoid Alzheimer's disease later?

Research is suggesting that lifestyle factors play a role in developing Alzheimer's disease. The ANU has developed a free, 10-minute online test to assess a person's risk of developing Alzheimer's in later life. According to an ANU media release:

The test, known as the ANU Alzheimer's Disease Risk Index (ANU-ADRI), asks simple questions about exercise, diet and lifestyle to work out a person's exposure to known Alzheimer's risk factors.

"Anyone can use the ANU-ADRI to identify areas where they can change their lifestyle and reduce their risk of Alzheimer's," said lead researcher Professor Kaarin Anstey.

The test became publicly available this January. To have a go, visit [anuadri.anu.edu.au](http://anuadri.anu.edu.au).



## Development Approvals

**Notification in accordance with Section 101 of the *Environmental Planning and Assessment Act 1979*. Council approved the following development applications in December 2013**

Development Consents are available for public inspection free of charge at Council's offices during ordinary business hours.

Application No	Development Description	Date	Property Description
DA.2012.056	Construct a Crown Road	11/12/2013	Lot 38 DP755915 1194 Euradux Road LARBERT
DA.2013.072	Demolish and Replace Derelict Dwelling and Shed	17/12/2013	Lot 1 Section 31 DP758152 107 Lascelles Street BRAIDWOOD
DA.2013.129	Dwelling	19/12/2013	Lot 114 DP750008 Collector Road CURRAWANG
DA.2013.181	Dwelling	17/12/2013	Lot 15 DP1089987 306 Foxs Elbow Road WARRI
DA.2013.192	Cafe, Street Furniture and Advertising Signage	18/12/2013	Lot 1 DP1014250 145 Wallace Street BRAIDWOOD
DA.2013.212	Alterations and Additions to Existing Dwelling and Cont'd Use of Pool and Garage	10/12/2013	Lot 8 DP236924 566 Macs Reef Road BYWONG
DA.2013.213	Tree Removal	6/12/2013	Lot 7007 DP1027317 CEMETERY 42-46 Osborne Street BUNGENDORE
DA.2013.228	Dwelling	10/12/2013	Lot 5 DP1084120 180 Brightside Road DURRAN DURRA
DA.2013.235	Manufactured Home	3/12/2013	Lot 77 DP1172245 10 Murray Grey Place BUNGENDORE
DA.2013.236	Alterations and Additions to Existing Dwelling	4/12/2013	Lot 1 Section 3 DP1583 22 Wilson Street BRAIDWOOD
DA.2013.238	Dwelling	20/12/2013	Lot 2 DP1054301 108 Hazeldell Road MULLOON
DA.2013.239	Dwelling and Garage/Studio	11/12/2013	Lot 3 DP740111 363 Hoskinstown Rd BUNGENDORE
DA.2013.240	Swimming Pool	5/12/2013	Lot 352 DP755901 5730 Araluen Road ARALUEN
DA.2013.241	Alterations and Additions to Existing Dwelling	12/12/2013	Lot 2 DP717940 202 Torpys Lane MONGARLOWE
DA.2013.243	Tree Removals	10/12/2013	Lot 2 DP251188 185 Foxlow Street CAPTAINS FLAT
DA.2013.244	Alterations and Additions to Existing Dwelling and Tree Removal	19/12/2013	Lot 8 DP1115123 91 Duncan Street BRAIDWOOD
DA.2013.245	Family Day Care	6/12/2013	Lot 31 DP818916 1241 Norton Road WAMBOIN
DA.2013.247	Dwelling	11/12/2013	Lot 70 DP666037 352 Rossi Road ROSSI
DA.2013.250	Dwelling	4/12/2013	Lot 21 DP1103783 6 Brightside Road DURRAN DURRA

Application No	Development Description	Date	Property Description
DA.2013.252	Manufactured Home	11/12/2013	Lot 13 DP1037260 340 Royalla Drive ROYALLA
DA.2013.254	Erect Shed and Amend Building Precinct	6/12/2013	Lot 8 DP800095 15 Reardon Place BUNGENDORE
DA.2013.256	Residential – Single new dwelling	11/12/2013	Lot 4 DP1104165 131 Taliesin Road CARWOOLA
DA.2013.262	Dwelling	16/12/2013	Lot 208 DP755954 Off Columbo Road BRAIDWOOD
DA.2013.263	Continued Use of Existing Dwelling (Dual Occupancy)	19/12/2013	Lot 24 DP1017324 32 Hill Road ROYALLA
DA.2013.267	Alterations and Additions to Existing Dwelling	4/12/2013	Lot 36 DP1017324 4 Settlers Road ROYALLA
DA.2013.269	Dwelling and Garage	19/12/2013	Lot 13 Section 19 DP758183 55 Osborne Street BUNGENDORE
DA.2013.272	Dwelling	16/12/2013	Lot 3 DP1103340 125 Mooneys Road CURRAWANG
DA.2013.274	Dwelling	10/12/2013	Lot 2 DP1184200 51 Widgeewa Road CARWOOLA
DA.2013.278	Tree Removal	12/12/2013	Lot 25 DP806126 7 Elmslea Drive BUNGENDORE
DA.2013.279	Shed	13/12/2013	Lot 266 DP755954 Glenmore Road BRAIDWOOD
DA.2013.282	Shed with toilet/shower	11/12/2013	Lot 2 DP1059377 224 Lake Road BUNGENDORE
DA.2013.289	Tree Removal	23/12/2013	Lot 9 Section 2 DP976608 76 Ellendon Street BUNGENDORE

**Council approved the following development applications in January 2014**

Application No	Development Description	Date	Property Description
DA.2013.248	Swimming Pool	8/01/2014	Lot 12 DP844086 145 Hogan Drive WAMBOIN
DA.2013.259	Shed	16/01/2014	Lot 1013 DP1090521 30 Westwood Circuit BUNGENDORE
DA.2013.260	Dwelling and Garage	30/01/2014	Lot 31 DP862463 20 Warramunga Close WAMBOIN
DA.2013.277	Shed & Deck	8/01/2014	Lot 611 DP1061647 22 Eyre Street BUNGENDORE
DA.2013.284	Garage	9/01/2014	Lot 14 Sec 4 DP18452 1 Wilga Street CAPTAINS FLAT
DA.2013.286	Alterations and Additions to Residence	21/01/2014	Lot 228 DP754882 152 Gambell Road SUTTON
DA.2013.287	Garage	8/01/2014	Lot 170 DP755934 250 Wallaces Gap Road MAJORS CREEK
DA.2013.291	Swimming Pool	23/01/2014	Lot 126 DP1022346 104 Southfork Place ROYALLA
DA.2013.292	Demolition of Swimming Pool	7/01/2014	Lot 37 DP260712 9 Radcliffe Circuit CARWOOLA
DA.2013.295	Signage, Outdoor Dining and Retail Premises	8/01/2014	Lot 1 DP1016987 141 Wallace Street BRAIDWOOD
DA.2013.298	Tree Removal	9/01/2014	Lot 22 DP584107 5 Gibraltar Street BUNGENDORE
DA.2014.003	Patio Cover	22/01/2014	Lot 614 DP1061647 28 Eyre Street BUNGENDORE
DA.2014.004	Shed	21/01/2014	Lot 19 DP251886 397 Urila Road URILA



# Backyard farming in Braidwood

THE announcement of the United Nations 2014 International Year of Family Farming prompted me to look more closely at Braidwood's backyards. There, as did my grandfather in the early years of the 20th century, families once relied on the production of fruit, vegetables, chooks and eggs to supplement their nutrition and income.

My grandfather once planned to raise some lambs for meat, but in the final moments leading up to the end of Bill the sheep's days on earth (the first attempt to put home-grown meat on the table), tender hearted father of six children couldn't do the dreadful deed. From that moment, Bill lived a blessed life and Pop, the town's dentist, made sure Bill had a mouth full of sound teeth well into the 1950s when he finally succumbed to old age.

Braidwood's town blocks, at least half an acre and long and narrow, were designed to aid the sustenance of growing families and all able children helped, some of them having their own plot to look after. When I was in primary school in the late 40s and early 50s I had my own ten by two vegetable garden as a result of joining an innovative scheme introduced by the Junior Farmers organisation.

## Wynlen House

Braidwood still has some blocks that have not succumbed to subdivision. Wynlen House, a micro farming enterprise in Monkittee Street, is a perfect example. The

Wynlen House philosophy embraces the aim to produce, eat and supply for sale as much organically grown food as the back yard half-acre will support.

As well as an amazing variety of vegetables, herbs and fruit, chooks, ducks, turkeys and small numbers of pigs and sheep are raised for eggs and meat. The partners in the small farm believe that every step in the process of growing food has an impact on the environment and that the employment of organic and permaculture principles minimise that impact.

Bronwyn and Helen hold a weekly street stall and a stall at the Ryrie Park markets on the fourth week of the month.



Bronwyn Richards, of Wynlen House Farm Produce, and her partner Helen Lynch (right) at the Braidwood markets.

## NSW 'DROUGHT' from p5

### Agronomists gone while city staffers have a laugh

Our local National Party representative likes to go on with media releases laced with references to latte-sipping city people, or hydroponic gardens. No doubt it gives the Sydney based staffers who write it a bit of a laugh (yes it is generally the same lines in every electorate) but unfortunately it doesn't help primary producers.

This government has now completely dismantled our once envied system of district agronomists, they've cut biosecurity staff and DPI on the ground resources. They've now dismantled drought assistance without putting in place an adequate replacement and they are sitting on their hands while the other states grab the opportunity to boost agricultural exports into Asia.

Yet when you listen to the Nationals you can see that they simply haven't got a clue, they just expect farmers to vote for them and they think because of that they can get away with anything.

### Progress thin after three years, disability support also gone

Next month marks the O'Farrell government's third anniversary. Three years in, it is a government that would be hard pressed to point to any substantial achievements either at state or local level. Yes there have been reports on reports on reports, but on the ground all we have seen is a constant slicing away of programs.

Local Support Coordinators are a prime example. These dedicated people once provided a valuable service for people with disabilities and their carers.

They were meant to be "progressively replaced" by a new program, 'ability links'. Unfortunately in our region the Local Support Coordinators positions were terminated more than a year ago and the new program is still not ready to replace the service. ■

## Zac's perfumed garden

Zac is the designer and tender of another delightful garden situated at the back of the Albion Centre, a Braidwood main street

building in the centre of town. He grows vegetables and herbs to supply his popular intimate restaurant situated a hop, step and a jump across the highway.

The ingredients and colourful garnishes included in the Thai-influenced cuisine, freshly picked from Zac's garden, are listed on a blackboard for all to see. Zac's garden, as well as adding a vitamin punch to his cooking, also provides a quiet and restful haven for the many friends who gather at the rustic table among exotically perfumed plantings.

## Supplying the town from a little further out

Twenty-two year old Troy Harrison, as well as helping out his Dad, has the advantage of being able to farm a 4-5 acre plot on his family's sheep, cattle, fruit and hay property at Araluen.

Summer yields corn, beans, tomatoes, zucchinis, cucumbers, capsicums and eggplant. Add to this several varieties of potatoes and three varieties of tried and true pumpkins (jap, butter and gold nugget) as well as Samson, a new variety being tried this season.

With a milder climate by at least two degrees than Braidwood, Araluen allows Troy to produce winter crops such as lettuce, cabbage, broccoli, cauliflower, English spinach and silverbeet, turnips, beetroot, carrots, and both snow and snap peas.

Troy is a busy young man. He has built up a business providing deliveries to



Braidwood through the week as well as attending the monthly Ryrie Park markets and the newly-established monthly indoor Farmers Market.

Slightly larger holdings, but still family-operated, have welcomed the third attempt to establish a Braidwood Farmers Market. The venture appears to be going well and four markets were held in less than two months over the November-early January period. Monthly markets are planned to be held throughout 2014.

Now, after months of planning and carrying out all the health, safety, food selling and storage requirements, fresh, local, healthy stone fruit, garlic, vegetables, seedlings, wine, olive oil, boutique bread, Christmas fare, kryopac-packaged meat and even some fat juicy yabbies, have finally graced the stalls in Braidwood's 90-year-old National Theatre.

Members of the Braidwood Farmers Market committee welcome phone calls. Try Sue Eding on 4842 1041 or Phil Thackway on 4842 2808.

## — BOOK REVIEWS —

the outset he is somewhat reserved. His subsequent experience of war and a prison camp increases his emotional distance and both makes and changes his character.

The extent to which that happens is not revealed until much later in the book. It is something that Annabel never fully grasps but will have a huge impact on her life and her future.

The couple move from a comfortable Australian life and familiar landscape (Lake George was an interesting choice) to a large US city and then suburb.

There is a persistent echo of the dislocation that comes from never really fitting into a new country.

This is heightened by the disturbing and morally questionable nature of their work, and the distress of colleagues and friends under psychological pressure and police surveillance.

It's a challenging novel. The political setting is complicated and fluid. The laboratory is distasteful and the primate experiments are gruesome.

Annabel is interesting although hard to like. Her intellect is commendable but her over-sentimentality about her husband is grating.

Continued p13

> Local book launch at Miss Ruby's, p10

**Who We Were**  
by Lucy Neave  
Publisher: Text Publishing, Melbourne  
University RRP: \$29.99

Reviewer Di Johnstone

THIS first novel by a young local author has taken an intriguing approach. Spanning Australia and the US, the book takes as its theme the cold war and the effect that era had on people and relationships.

The story is set against the backdrop of political upheaval in the US during Senator Joe McCarthy's vicious pursuit of alleged communists and sympathizers, and against this background it weaves a story of love and of betrayal.

It uses, as a canvas, work done during the cold war in US military laboratories on weaponizing biological agents. It deals with the attitudes and characters of those involved in this sensitive research, some of whom were postwar refugees from fascism. These are very big issues.

The key characters are an Australian couple, both scientists. When we meet Annabel in the late 1930s, she is a very bright but naive young woman who has studied and succeeded in an area that was highly unusual for women at that time. She is easily swayed by her own emotions but not able to readily understand the emotions of others.

Annabel's lover and then husband Bill Whitton is a harder person to know. From



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# 2014 Calendar available for download

Queanbeyan City Council's Healthy Communities team have produced a beautiful calendar which you can download. Packed with tips on healthy eating, healthy activities and recipes from local identities, including Mayor Tim Overall and Masterchef finalist Rishi Desai. <http://www.qcc.nsw.gov.au/>



## Free-range chicken tacos

### You'll need:

- 1 packet (about ½ kilo) free-range chicken tenderloin
- Corn or flour tortillas of choice
- Grated cheese (optional)
- Tomatoes
- Lettuce
- Onion
- Coriander
- Avocado
- Japanese (sushi) soy sauce
- Garlic
- Lemon juice

### First

Marinate chicken in juice of ½–1 lemon, grated garlic or garlic paste, ¼ cup soy sauce. Doesn't have to stand.

Bake in moderate oven for 20–30 minutes.

Meanwhile slice tomatoes and avocado\*, some white or red onion, chop coriander and lettuce and arrange on a plate; when chicken is almost done start warming tortillas on a griddle or in a frypan. They are done when they start to puff up. Cheese can be melted on tacos as they warm and finished with a quick burst in the microwave if melted cheese is your choice. Just grated cheese suits too.

### Then

Slice chicken and begin building your taco with the chicken and vegetables. Optional toppings: prepared salsa, sour cream, chilli sauce or paste (a bit of chilli makes the dish). (PS a recent taco night saw the chef reach into the fridge for the chilli and lime paste and, without noticing, take out the Ayam red curry paste instead. That suited very nicely too!)

\* You might like to turn your avocados into a guacamole first. Mash and mix with lemon or lime juice, salt and diced onion. Yumm.

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# Mongarlowe author launches historical epic in Braidwood

MISS Ruby's Bookshop in Braidwood hosted the launch of the first novel by Mongarlowe author Elisabetta Faenza at the end of January. Faenza's novel, *The Infidel*, is the first of a trilogy based on a true history of a medieval family across European and Middle Eastern cultures, and set against the backdrop of the Crusades.

The novel's debut was launched by former ACT senator, the Hon Margaret Reid. Reid stressed the importance of the historical setting in relation to the author's own background as the daughter of an Italian migrant father of North African heritage and an Australian mother.

While declining to give away the storyline, she was enthusiastic about the detail of the book's setting and its strong sense of people and place. This could only come from a writer brought up at a cultural junction and Mrs Reid commended the book to Faenza's four children, noting that they will learn from it and it is, in that sense, a great gift to them.

While this is Faenza's first novel, she is an accomplished and successful writer. In 1998 she wrote the libretto and script for the musical, *D'Arc: The Legend of Saint Joan*, and in 2010 published *The Energy Bucket*, which examines the link between DNA and emotional energy. She is also a lyricist, ghost writer and editor.

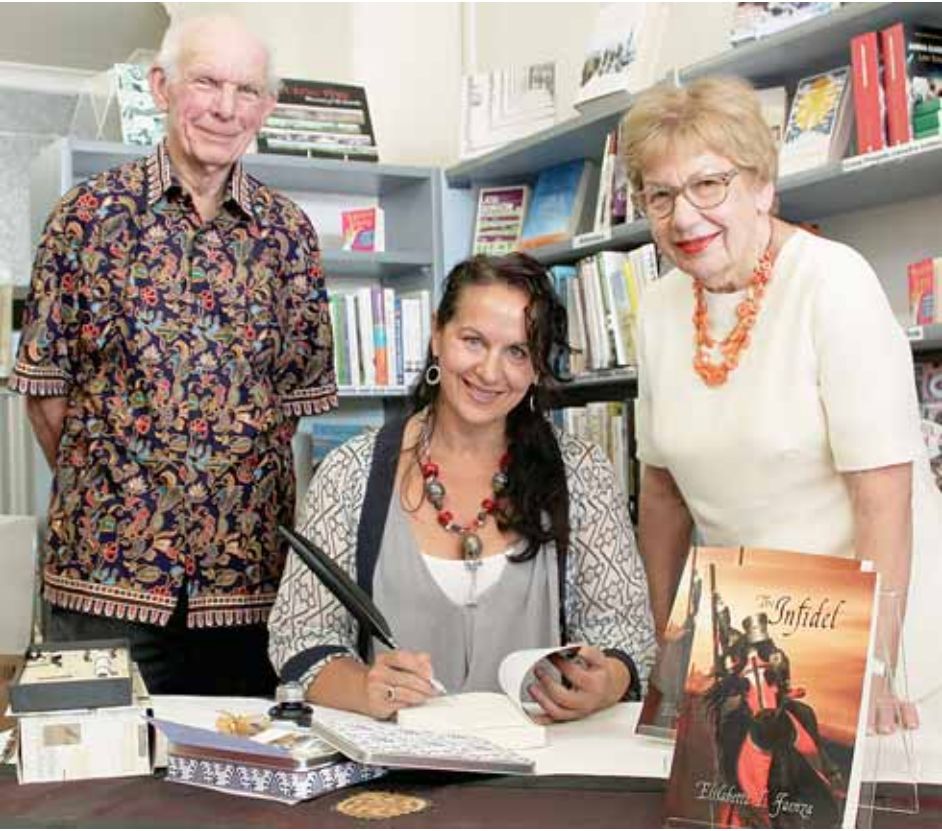
In the *Condottiero Trilogy*, Elisabetta

Faenza has combined her love of both language and history to create an epic adventure across generations of the one family.

Based on 10 years of meticulous research, *The Infidel* has a ring of authenticity that could only be the product of a deep

fascination with the subject matter. *The Infidel* by Elisabetta L. Faenza is published by Strategic Book Publishing and Rights Co., and is available now at Miss Ruby's Bookshop.

— Robin Tennant-Wood



Elisabetta Faenza signing copies at Miss Ruby's Bookshop with (left) owner, Roger Pye and (right) Margaret Reid, following the launch.

### Book review

## Autobiography of excess

Reviewer Sarah Newsome

*The Wolf of Wall Street* is a story of drug-fuelled stockbrokers in the nineties. Jordan Belfort, a brilliant young man, finds himself out of a job after the crash of October '87.

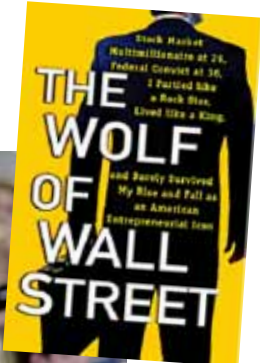
He starts his own stockbroking firm and so begins a wild ride from poverty to unimagined wealth. And Jordan goes from being a family man who wouldn't touch a drink to a cheat, a drug addict, and a crook. Picture what would happen if *Wall Street* met *Fear and Loathing in Las Vegas*.

When we first meet Jordan Belfort, he is flying his helicopter to his Long Island mansion "with enough drugs running through his system to sedate Guatemala." Needless to say, he crashes the helicopter and walks away to live

### The Wolf of Wall Street by Jordan Belfort

another day. This pretty much sets the tone for ever increasing bedlam involving car crashes, business crashes, yacht smashes, overdoses and federal indictment.

Now a Martin Scorsese film



“ This all happened in our lifetimes. Not long ago, in a land far, far away

starring Leonardo di Caprio, *The Wolf of Wall Street* has caused a lot of controversy. To be fair, that's not an unusual reaction to R-rated films covering corruption, unbridled greed, hedonism, drug use, and prostitution.

Not to mention the use of dwarf-tossing and roller-skating chimpanzees for entertainment purposes.

*The Wolf of Wall Street* celebrates the kind of decadence that appeals to the adolescence in men: lavish parties, sex, drugs and Swiss bank accounts.

Controversy doesn't necessarily hurt at the box office, though. And while both the book and the film are undeniably *good* (show me a Scorsese / di Caprio collaboration that isn't), it's still pretty hard to watch.

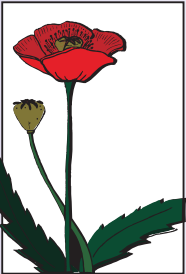
### Excess, '90s' style

Excess, nineties-style, crashes into contemporary values with the force of a runaway freight train. I'm curious as to why, until it hits me. This all happened in our lifetimes. *Not* long ago, in a land far, far away.

Maybe it wouldn't be so uncomfortable if we could distance ourselves, like we can with the Roman orgies or the contents of Imelda Marcos's shoe cupboard. But then we knew men like Jordan. And as funny as his antics are, (and believe me, they are pretty funny) it's still 'funny/awful', not 'funny ha-ha'. You're still laughing with your hand over your mouth, with an inward groan.

Continued next page

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Theatre

# Re-imagining Dickens: from French Revolution to 27 Club

**Sarah Newsome** speaks to the ‘local boy made good’, director of **A Tale of Two Cities** now playing at the Q.

WHAT happens when you take the classic tale *A Tale of Two Cities* by master storyteller Charles Dickens and have it adapted for the stage by dream team of talented playwright Terrence Rattigan and famous actor John Geilgud?

Well... nothing actually.

In fact, nothing happens for a really long time. Nearly 80 years in fact. The play lies, unpublished and unperformed, the casualty of a clash between competing schedules and ‘artistic differences’ between the reticent Rattigan and the flamboyant Geilgud.

Except for a brief BBC radio broadcast, it was not revived until recently. And now,



Theatre director, Adam Spreadbury-Maher.

after two very successful productions in London, it’s been brought home to Queanbeyan by local boy made good, Adam Spreadbury-Maher.

It’s 10 years since Adam Spreadbury-Maher left the region for London. In the meantime he has become a well-known name in theatre there. On the side he’s been involved with opera – he trained as a tenor at the Canberra School of Music – directing the award-winning production of *La Boheme* for OperaUpClose.

He has an ambitious workload of eight or more productions a year, and has garnered critical notice and picked up several awards for his work.

When asked why he was returning to Queanbeyan to bring us *A Tale of Two Cities*, Adam seemed almost surprised. Like many people I speak with in regard to The Q theatre, he has a strong regard for The Q’s director, Stephen Pike.

“Stephen Pike produced my first show,” he said. “It was the beginning of a journey which led me to London.” Now back in Australia for a limited time, Adam seems determined to make the classic tale accessible to a whole new audience.

“I wanted it to be accessible for those who love Dickens, and want to see it in a whole new light, but also leave the door open for

those who don’t know who Dickens is, and for those who are sceptical.”

It’s an ambitious plan. After all, this is one of Dickens’s best loved works. It gave us one of the best opening lines in literature (“It was the best of times, it was the worst of times...”)

It’s been referenced in everything from *Doctor Who* to *Lost* to *Star Trek* to *Batman*. It shaped perceptions of the French Revolution for every generation since it was published in 1859, and it gave us the one, the only, the axe-crazy Madame Defarge, the woman who made knitting scary.

Retaining the thrill and drama of the Reign of Terror, but merging it with a modern, East London aesthetic, the production re-imagines Dickens’ dangerous and doomed anti-hero Sidney Carlton as a member of the 27 Club – a notional group of musicians like Kurt Cobain, Janis Joplin and Jimi Hendrix who died at the age of 27. Sidney Carlton, as you might recall, is the dissolute young barrister who heroically sacrifices himself in the bittersweet ending to *A Tale of Two Cities*, giving us the immortal lines: “It is a far, far better thing I do, than I have ever done, it is a far, far better rest that I go to, than I have ever known.”

“I’d like to imagine that Sidney Carlton was an original member of the 27 Club,” mused Adam.

*A Tale of Two Cities* opens at The Q on 5 February and runs until 16 February.

Film review

## Con artists and the American way

**American Hustle**, a feel-good movie with real relationships, however jaw-dropping, awesome performances and foot-tapping vintage music, leaves our reviewer **Judy Thompson** asking: has Hollywood made con artists too glamorous and underplayed the serious financial hardship for their fooled investors? Judge for yourself with a couple of new films out currently or soon available on DVD.

**American Hustle** is very loosely based on an FBI operation of the late 1970s in the USA that resulted in the conviction of 19 men, six members of the US House of Representatives and a US senator. The director, David Russell, has said in an interview with *The Guardian* that he identifies with the characters who he describes as “strivers and survivors” living by instinct.

Irving Rosenfeld, played by Christian Bale, and his mistress Sydney Prosser alias Lady Edith Greensley, played by Amy Adams, work



together on various scams preying on people who have been denied

legitimate bank loans. Caught out by FBI agent Richie DiMaso (Bradley Cooper) they are offered a deal for their release that involves them in another scam to entrap white-collar criminals.

Irving’s wife Rosalyn, played by Jennifer Lawrence, is hilariously awful. You almost feel sorry for Irving; however it is a sort of poetic justice.

Rosalyn unwittingly nearly undoes the tangled web that Irving, Edith and Richie have constructed, leaving Irving and Edith to come up with a solution that keeps the federal agents happy and the mafia at bay.

Carmine Polito, the New Jersey Mayor does the wrong thing for all the right reasons. A loving family man, he is passionate about improving the job and life opportunities of his constituents.

According to Wikipedia, Carmine Polito was based on Angelo Errichetti who served a jail sentence for federal bribery charges as well as being later indicted for taking cash to help steer a federally funded sewer engineering project. He died in 2013 and the flags on all the municipal buildings were flown at half-mast on the day of his funeral in his hometown.

In the film Richie the FBI agent is an unattractive ‘striver’. By day he bullies his boss and by night he lives at home with his mother and wears curlers to keep his 1980s perm in place. Richie’s boss suffers horribly.

The scene with the fake sheik and the mafia is very entertaining. ■

**The Wolf of Wall Street** shows the white collar side of this con game and is in current movie release.

See Sarah Newsome’s review of the book and film p10.

> But then, isn’t that what black comedy does? Explore something taboo and provoke discomfort and amusement at the same time? To make us think a bit?

Maybe. And certainly Jordan Belfort claims that the book is a cautionary tale. He states he wrote it because, one day, he’s going to have to explain to his kids how he could have been such a despicable person.

But I don’t believe that. That’s two paragraphs before the 500 page bacchanal. And I don’t think Scorsese does either.

The film ends on an ambiguous note. Jordan Belfort has dumped his first wife, trashed his company, cooperated with the FBI to entrap former friends and associates, and himself been convicted for fraud.

After a spell in a jail that looks more like a resort, Scorsese ends the film with Jordan, relaxed and casual, back where he started. The people around him are naive; anxious and eager to listen, to follow him. There’s the sense that he has, as always, been able to get away with it. ■

# A Tale of Two Cities

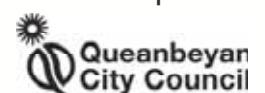
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# How to tell if it's crystal or glass?

WHILE all crystal is glass, not all glass is crystal. The basic difference is the lead component of the glass, however this varies from country to country so there is not a common rule that can be applied.

According to the Buying Guide on the Ebay website, here are some of the differences: (excerpts)

“Crystal actually refers to lead glass [explains different manufacturing processes].

When most people talk about bringing out the ‘crystal’, they are often referring to a type of glass that is made from silica, lead oxide, soda or potash, and other additives. Lead crystal is prized for its durability and decorative properties.

“It is referred to as crystal because, years ago, the Italian term ‘cristallo’ was used to refer to Murano glass imitations. In the US, glasses with a lead monoxide



content of 1 percent are automatically categorized as crystal. In Europe, on the other hand, crystal is defined as glass with a lead content that ranges from 10 to 30

percent. Aside from the chemical composition, some of the key differences between glass and crystal are:

“**Thickness:** Compared to glass, fine crystal may be thinner or more decorative because the lead content lowers the working temperature of the glass, making it easier to sculpt.

“**Clarity:** The higher the lead content in crystal, the greater the clarity.

“**Refraction:** Fine crystal, particularly if it has a lead content that ranges from 36 to 70 percent, sparkles in direct sunlight. Optically clear crystal, another type that contains lead... is known for the rainbow prisms it creates when placed under the sun.

“**Cut:** One way to tell if a piece is crystal or glass is to feel the facets and overall design of the item. Crystal is much smoother than glass.



“**Sound:** Another key difference

between glass and crystal is the sound that it makes when tapped. Crystal produces a ringing sound like a ‘ping’ when it is clinked. On the flipside, glass makes a low sound like a ‘thud’.



## Health issues

“Most manufacturers do not advise storing food or liquid in lead crystal glassware due to the possibility of lead contamination. In fact, because of the health risks presented by lead, it is rare to find lead crystal wine glasses or alcohol decanters today. For those who are looking for lead-free crystal, some manufacturers use zinc oxide, barium oxide, or potassium oxide in place of lead to create a similar material.” ■

## — KEEPSAKES —

# Where are you keeping grandma?

IN THIS digital age the average family snapshot is usually stored on a computer. It never fades, goes mouldy or is attacked by insects. This however is usually the fate of many of the printed photos of your parents or grandparents that have been stored badly – quite often in a shed or garage. If you want your photos to remain in good shape for the next generation, the simple act of bringing the collection indoors into a room with steady temperature



and humidity and storing it in an archival box will help prevent a lot of damage for years to come.

For more information on good storage options, please go to Family Keepsakes on Facebook. *We help keep safe the things you love.*

**Next month:** What exactly does archive quality mean?

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For sale: Tractor grading blade 3 point linkage. The blade can be changed to different grading angles. \$1,000 neg. Stefan on 6238199, Wamboin.

For sale: Chicks from \$8, Great for eggs and for meat. Early maturing and winter laying. 6238 1996. Wamboin.

Piglets for sale. “delicious, this is how pork used to taste, full of flavour,” a very satisfied customer after eating this local, sow-reared, stall-free, free-ranging pig. Put in your order now to reserve a pure-bred pig available in 12 weeks. Also great as breeding pigs as these are all pure bred Sussex Saddlebacks. 0422 225 358. Buy Local in Bywong.

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# Working dogs in the backyard: Let them sleep and change the diet

With Heike Hahner

LIVING in the suburbs and semi-rural neighbourhoods with a dog that is very active, prone to guard barking and fence aggression, can be highly stressful and challenging for the dog owner and neighbours.

Providing your dog with enough daily exercise, toys and entertainment is very important. Leaving the radio or TV on while you are at work can also make a difference for some dogs.

However an important factor in gaining control over a fence aggressive dog is to keep the dog away from the fenceline, especially when you are not at home. Many people feel that having their dog run free in the garden while they are at work is good exercise for their dog.

In fact it teaches your dog bad manners in regards to neighbours and passers-by. It lets naturally more active breeds such as Border Collies, Shepherds, Kelpies and

cattle dogs become restless pacers and nuisance barkers.

Some do not have an off button unless the environment is changed. Ultimately they are not happy that they are without their human family and have nothing much to do during the day.

## Setting rest periods

Research on semi-wild dogs showed that dogs living in a natural pack system will sleep for most of the day after having a long active period in the morning from 4am to about 10am.

Free access all day to birds, flies etc. means that Australian working dogs in particular do not stop moving all day. Setting rest periods when you are not home may mean you put your dog in a cool darkish area with music or TV on and keep external stimulation to a minimum.

Farmers want this excessive energy for sheep or cattle work but it is not ideal for



Working dogs sometimes have no 'off' button.

the pet environment.

## Serotonin levels and diet

One factor that is thought to play a crucial role in behaviour is the body's serotonin levels. We have often heard of serotonin and its role in regulating sleep.

Low serotonin levels have been linked to sleeplessness, depression, anxiety and higher levels of impulsive aggression. In dogs this may assert itself by chasing or attacking anything that moves, like birds or flies or by reacting instantly and strongly to any noise.

Diet controls serotonin levels in dogs. In order to maintain normal levels, the body needs a crucial component which acts as the precursor to serotonin: tryptophan. Tryptophan is commonly found in food such as milk, brown rice and meat.

Research shows that commercial dog foods do not provide for the dogs needs for tryptophan. Instead they are high in protein, which may give the dog too much energy for a life in the backyard. Too much penned up energy with nowhere to go usually results in destructive behaviours, such as pacing, digging, barking, whining and aggression.

## Recipe for a calmer dog

By restricting your dog's access to the fence, providing more exercise and entertainment, as well as keeping him calm at certain times of the day, you can reduce fence barking and aggression.

Increase tryptophan in your dog's diet, by adding milk products, brown rice and eggs as well as reducing his daily intake of protein from commercial dog foods. ■

For more information on serotonin and tryptophan please go to [www.med-health.net/Foods-High-In-Tryptophan.html](http://www.med-health.net/Foods-High-In-Tryptophan.html).



## Best in show

Polish Lowland Sheepdog, Australian Champion Kibic Polski Akcent (Imp Pol) 'Kibic', was awarded Best Exhibit in Show at the recent Bungendore show, dog judging. Seen here with his owner Aileen Jenkins (right) and all-breeds judge Mrs Betty Stepkovich. Aileen and Terry Jenkins have established the Mirriyuula kennel in the the region. Terry told the *Bulletin* "this is a extremely rare breed here in Australia and indeed around the world, having nearly been wiped out during WWII.

"We introduced them to Australia in 2006 after visiting friends in England. It was love at first sight for Aileen and my cheque book was destined to be decimated from then on!"

They have since imported six PON's into Australia to start up the breed and now have champions in South Australia, Tasmania, New Zealand and two Grand Champions here in the Canberra region.

## BOOK REVIEW *Cont'd from p9*

Bill remains distant and unknowable. The politically radical couple who become close friends and a busybody neighbour are carefully portrayed but others, especially laboratory colleagues, are ghostly figures, their connections complex and opaque.

About the midway point, there were many partly explored threads. But the storyline then clarifies, and picks up speed and intensity, as Annabel's trust is challenged and disintegrates and a betrayal is revealed.

The end is unpredictable. It leaves much unknown and the possibility of a sequel. Perhaps that was intended.

While some stylistic elements were not to my taste, there is much good about this book. It is a brave attempt to deal with very difficult historical material in a novelistic context. I for one would want to encourage this young author. Keep writing Lucy Neave! ■

Across: 1 Brandy, 4 Emetie, 9 Rubella, 10 Iksome, 11 Usage, 12 Nany, 15 Sweet, 17 Macan, 18 Risotto, 20 Auditor, 21 Debunk, 22 Smacks. Down: 1 Barium, 2 Ambiance, 3 Delve, 5 Mankind, 6 Trio, 7 Creepy, 8 Sailing boat, 13 Narcotic, 14 Selson, 15 Screed, 16 Quirks, 17 Madam, 19 Scab.

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## Lions Club wants your help

'WALK For Babies' is an annual community event of the Lions Club of Queanbeyan and raises money for the Maternity Unit of the Queanbeyan District Hospital.

This year the event will be held on **Sunday 6 April** and comprises a 5 kilometre walkathon followed by family activities and entertainment in the Queanbeyan Park.

We are seeking support from the business community of Queanbeyan and region. Here are just some of the ways in which you can help:

- **Promote the activity among your staff.** Encourage staff members to participate in the walkathon, or even better put together a staff team. Get the sponsorship ball rolling by offering to sponsor your staff and encouraging them to seek further sponsorship from family and friends.
- **Advertise the event to clients and customers.** We have promotional flyers available for display.



- **Donate a prize** for the chocolate wheel.
- **Make a direct donation** to the cause. Please join us in making a difference for the families in Queanbeyan and region. For further information, please contact Andrea Daniel on 6297 5620 or [nsjdaniel@hotmail.com](mailto:nsjdaniel@hotmail.com).

Above: Lions Club members, maternity unit staff with equipment purchased from the proceeds of last year's Walk For Babies, presented along with a cheque to the Maternity unit at the Queanbeyan Hospital.

## Do you struggle with overeating?

**Are you female and over the age of 18?**

ALL participants go in the draw to win one of three \$100 gift vouchers (Coles/Myers, Amazon or iTunes)! To complete a 30 minute, anonymous and voluntary survey run by Carmel Harrison from the Australian National University please go to the following link: <http://bit.ly/1agLN4J>. Or contact Carmel on [overeatingstudy@gmail.com](mailto:overeatingstudy@gmail.com).

\*\*\*

## Sign of the times: Smart measures to conserve water

QUEANBEYAN residents are reminded that permanent water conservation measures are currently in force across the Local Government Area, and the ACT.

Cont'd next page

QUEANBEYAN LIONS CLUB  
PRESENTS



## Walk for Babies

Join in a 5km walkathon for the whole family at Queanbeyan Park  
Raising funds for the Queanbeyan Hospital Maternity Ward

**Sunday 6 April 2014**

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**Keep this day free...**  
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## February stars: clear night bonanzas

FEBRUARY nights are short, but warm, and the night sky reveals to us a range of bright stars, as well as the summer Milky Way and the giant planet Jupiter. Those with binoculars or a telescope can see the star-forming nebulae of the constellation Orion, as well as the bright star clusters of Taurus; known as the Pleiades and Hyades, all described previously in this column.

Almost directly overhead is the bright white star Sirius, the brightest star in the whole sky, with Canopus lying nearby further towards the south. Towards the southwest is blue-white Achenar, but it is towards the north where most of the action lies.

Blue-white Rigel and red Betelgeuse straddle the constellation Orion, with its belt of three bright stars inbetween. Orange Aldebaran in Taurus lies further towards the northwest. Can you see the colour difference between these stars? White Procyon trails behind Orion towards the north east.

The Summer Milky Way is seen passing as a fairly faint band across the sky, outlining the outer edge of our Galaxy. Those living in Canberra would be unable to see the Milky Way this month, with streetlights interfering with the view.

### February planets: giant Jupiter

The planet Jupiter was the closest to Earth for 2014 on the 5 January, when it reached

**Jupiter: one hurricane spotted with size twice the width of Earth, first seen 300 years ago.**

'opposition'; that is, the point when seen from Earth, Jupiter was exactly opposite the Sun in the sky. On that date, Jupiter rose at sunset and set at sunrise, and was the closest and brightest it will be for the year.

In February, Jupiter lies low in the north east after sunset, looking like a bright yellowish star. It is unmistakable, shining among the stars of the constellation Gemini.

Jupiter is the largest of the Solar System's planets, fully 10 times the diameter of the Earth. Indeed, a ball the size of Jupiter can contain more than 1,000 Earths, such is its huge size. Jupiter is a 'gas giant', a huge ball of hydrogen and helium gas, with no solid surface. Jupiter dominates the Solar System, its gravity is so vast that it affects the orbits of any asteroids or comets that happen to wander too close to it.

## — Star Search — with Dr David Weldrake

In July 1994 for example, a comet called Shoemaker Levy 9 passed very close to Jupiter, and was subsequently broken up into dozens of pieces which went on to impact Jupiter one after the other. Each fragment left a black scar on Jupiter as large as the Earth, many of which were easily visible through a small telescope.

Jupiter is hence known to act as a giant vacuum cleaner, clearing space of rogue comets that could have continued on to

impact the Earth. Has Jupiter saved life on Earth at some point in the past? Almost certainly.

Through a telescope, Jupiter looks like a fairly large whitish-yellow ball, slightly flattened as it has a very short day, rotating once every 9.8 hours. Jupiter's cloudtops are visible as darker rusty-coloured bands girdling the planet, and giant storm systems can be seen as ovals of (usually) red. One such storm is known as the Great Red Spot, a hurricane with a size twice the width of Earth which was first seen 300 years ago.

Jupiter has four large moons that orbit around it: Io, Europa, Ganymede and Callisto. They can be clearly seen through even a pair of binoculars. Sometimes one of them passes in front of Jupiter as seen from Earth and a small telescope can reveal it casting a shadow onto Jupiter's cloud tops beyond. Jupiter changes all the time and no two views are ever the same.

The other planets are either too close to the Sun to be seen this month, or are in the early morning sky. Early risers can catch Mars and Saturn, plus Venus later in the month, rising in the east shortly before the Sun.

The Moon was at first quarter phase on the 3 February, is full on the 10th, at last quarter phase on the 19th and new on February 26th. ■

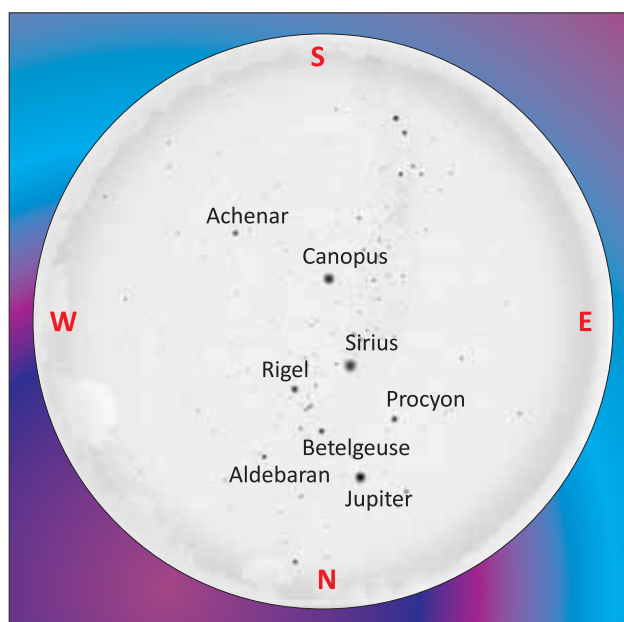


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# Hot seasonal sports

*Women's rugby in January? Just as well the matches were postponed if the Australian Open was anything to go on. **Eye on Sport** gives us the inside scoop for summer footie and cricket for the Queanbeyan region.*

## Football and football

The saying goes that soccer is a game for gentlemen, played by thugs, and rugby is a game for thugs, played by gentlemen. If that's the case, what about the gentlewomen who indulge in the game its fans declare is the one played in heaven?

If Queanbeyan's Rugby Sevens Tournament for women last year was anything to go by, its tough reputation does little to deter the female participants. In 2013, Queanbeyan hosted the largest women's tournament in the country with 13 teams, including a Chinese side (yes, it's increasingly popular among citizens of the rapidly awakening Sleeping Giant) which eventually took out the title.

This year however, it seemed it was to be no show and no punch with the event cancelled in January, the lack of interest claimed to be a result of a date change due to clashes with other community commitments for facilities. Turns out this obviously wasn't the culprit after all, with the competition reinstated less than a week later. Good numbers signed up for both the women's and men's competitions to take place over the weekend of 8 February.

Continuing the rugby theme, the rumblings of discontent will most likely continue with the John I Dent Cup competition kicking off on 4 April but shortened this season with the resurfacing of Campese Oval. Of course, it's a situation of can't win on the field or off – complaints of grounds that resemble minefields are only



outdone by complaints that they're not available for use.

And so to that game for alleged gentlemen ... the Queanbeyan Grudge Match, more officially known as the Mayor's Cup, will take place in March with Monaro Panthers taking on Queanbeyan City. Each has won the coveted title once since the reintroduction of the annual competition in 2012, so best of three could be the clincher. The fading stars of the local game are also catered for with a Masters match, and the women are not entirely forgotten as they go head-to-head for the Mayoress' Trophy.

## True gentleman's game

So what news locally of that other game they suggest is the refuge of the true gentleman? Endless summer cricket broadcasts may finally be dragging to a close but the season isn't heaving its last gasp here just yet.

Queanbeyan District Cricket Club has made it to the Konica Minolta Cup One Day final, taking on Tuggeranong, but they weren't so fortunate in the T20 competition. Not only did they go down to Albury-Wodonga in the semi-final, but the battle has continued off the pitch with QDCC lodging a protest that the winners had, not to put too fine a point on it, cheated.

The suggestion that Albury fielded ineligible players, on the basis they hadn't played a single Twenty20 game during the season, one might think would give an advantage to the opposition, but apparently this is not a view shared by QDCC. While Albury hasn't refuted they had up to six players who probably didn't qualify, the fact they are an association rather than a club, with access to a larger pool of talent means they've been doing it for years – including when they won the competition last season. Whoops ...

In slightly better news for QDCC, club heroes Jono and Blake Dean have both had a shot at the big time, selected as part of the Big Bash League for the Adelaide Strikers and the Sydney Thunder, respectively. Not quite replicating the form of that other Queanbeyan product, Brad Haddin, during the Australian team's recent annihilation of our English compatriots, the Dean brothers' rather nervy starts will hopefully not see them spend any more time warming the bench and instead they'll be afforded the opportunity to dazzle them with the brilliance they regularly trot out here. ■

The measures were introduced in 2010. Anyone found to be breaching the measures may be liable for fines starting at \$200 for an individual or \$1,000 for a corporation.

Queanbeyan City Council purchases its water from ACTEW Corporation under a water supply agreement. Council has noted the dry summer and the impact on the water supply from residents increasing their usage.

## Some of the features of the permanent water conservation measures are:

- Sprinklers can be used on lawns and plants before 9am and after 6pm on any day from 1 September to 31 May (inclusive).
- Vehicles may be washed at any time on a lawn or other porous surface.
- Windows and other external parts of buildings may be washed at any time using a bucket and mop/brush, squeegee or a high-pressure low-volume cleaner.
- Private fountains and ponds may now be filled or topped up using a bucket, a watering can or a handheld hose fitted with a trigger nozzle.
- Pools and spas with a capacity of 3,000 litres or more may be topped up before 9am or after 6pm on any day provided that a cover is fitted when the pool or spa is not in use and the pool/spa is registered with ACTEW.
- Filling of new pools requires an exemption from ACTEW.
- Water storage tanks, dams or lakes must not be filled or topped up using potable water.

For the entire Permanent Water Conservation Measures or more information contact ACTEW on 6248 3111 or visit their website at [www.actew.com.au](http://www.actew.com.au).

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**the GEORGE**  
bar & dining

THE BRAND NEW GEORGE BAR AND RESTAURANT!

Come in & enjoy first class dining in front of a huge open fire. Enjoy our locally produced fresh meats & veg.

Our Bar also stocks some of the finest beers & ciders from around the world.

Treat yourself to our selection of locally produced wines as well as some international flavours.



# What's On – February 2014

Send your announcements to [whatson@districtbulletin.com.au](mailto:whatson@districtbulletin.com.au)

## Fly into February

the market @ bungendore

Sunday February 16th 9am–3pm  
at the War Memorial Hall

All your favourite stalls  
Come along for a browse  
Enjoy a variety of refreshments

jewellery		mosaics
giftware		homewares
soaps & lotions		greeting cards
local art & craft		beads & findings
garden products	textiles	pottery & ceramics
toys & models	preserves	local grown plants
cakes & pastries	hand knits	prints & paintings
tea & fresh coffee	candles	fruit & vegetables
guitars & amps	cookies	clothing & footwear

stunning line-up of performances and plenty of great activities for the family, as well as dozens of food stalls.

### Mayor's Cup

Seiffert Oval, Queanbeyan. See Monaro Panthers take on Queanbeyan City FC in the annual football match to take out the coveted Mayor's Cup. In addition to the main game, there will also be Masters and Women's games. Gates open from 12pm, entry by gold coin donation with funds raised for Queanbeyan Meals on Wheels.

### Friday 28 to 8 March Crookwell Potato Festival

The main street of Crookwell turns into a market and entertainment space. Live music, dancers, marching girls, performers, kid's activities, art exhibition, tours of potato farms, displays and demonstrations. For more information 4832 1988.

Queanbeyan's historic buildings and gardens and learn something of the town's fascinating history as you do. From 5pm, concluding in Queanbeyan Park. Members \$10; non-members \$15. For more contact Helen 6284 4749 or [ellieth@bigpond.net.au](mailto:ellieth@bigpond.net.au).

### Saturday February 15

#### Mysterious Queanbeyan by Moonlight Tour

Join author Nichole Overall for a tour through Queanbeyan's heart as she shares with you some of the fascinating tales of mystery, mayhem, tragedy and the other worldly that have unfolded over the course of 175 years. This walking tour takes approx 2½ hours, beginning at 7pm. Bookings essential, email [qbn@qbncityofchampions.com.au](mailto:qbn@qbncityofchampions.com.au). For more see <https://www.facebook.com/mysteriousqbnbymoonlight>.

#### Queanbeyan Relay for Life 2014

Seiffert Oval, Queanbeyan. A community event where teams consisting of family, friends and workmates take turns to walk or run around a local track over a 24 hr period. All funds raised will help fund the Cancer Council's research, support and education programs in our region. For more information [www.relayforlife.org.au](http://www.relayforlife.org.au).

#### Braidwood Cup

Braidwood Showground. Annual race meeting with full TAB and betting facilities. For more information contact 4842 2623.

### Friday 21 to Sunday 23

#### Royal Canberra Show

Exhibition Park, Canberra. All the fun of a good old-fashioned country show! For more see [www.rncas.org.au/showwebsite](http://www.rncas.org.au/showwebsite).

### Sunday 23

#### Carnivale Multicultural Festival

Queanbeyan Park. The annual festival featuring a

## In MARCH 2014

### Saturday 1

#### Tubby's Ride

Departing from Queanbeyan, Cootamundra and surrounding areas. Destination: Cootamundra Country Club Oval. The second annual Tubby's Ride for anyone affected by cancer and / or has a passion for motorcycles. Raising money for the Cancer Council and spreading awareness for cancer support. For further details call 0410 426 447.

#### Braidwood Show

Braidwood Showground. As well as sideshows, you will find sheep shearing, a wide range of industrial displays and entertainment events. For more see [www.braidwoodshow.com.au](http://www.braidwoodshow.com.au).

### Sunday 2

#### Tarago Show

Tarago Showground. Local country show featuring horse events, championship dog show, sheep exhibits, sheep shearing, side shows and pavilion displays. Bar and food, and car park facilities available. For more see [www.tarago.org.au](http://www.tarago.org.au).

#### Clean Up Australia Day

Come and join in on the day between 9am and 12pm. Those who turn out to help will share a great spirit of community pride with those working beside them. For more see [www.cleanup.org.au/au](http://www.cleanup.org.au/au).

< Cosmic Impressions XI –  
Cadmium Nebula

### Friday 7

#### Queanbeyan Summer Sunset Markets

Crawford St, Queanbeyan, 5–8pm. Fantastic music, great food, art and craft, ceramics, plants, gourmet food items and much more!

### Friday 7 and Saturday 8 Charity Bookfair

R.B. Smith Room, Crawford St, Queanbeyan, Fri 5–8pm, Sat 10–2pm. Thousands of fiction and nonfiction books. For more contact Peter on 6299 9590.

### Friday 14

#### Queanbeyan Garden Ramble

Join the Australian Garden History Society ACT Monaro branch for a stroll around some of

## GIG GUIDE: February

### First Friday of the month:

#### Music and Poetry

Royal Hotel, Bungendore, 7.30pm.

### Sunday 9

The Acoustic Sessions – The Night Cafe, Iron Bar, Goolabri, 2–4pm.

Mal Osbourne – Royal Hotel, Bungendore, 4pm.

### Saturday 15

Chalkie White – The Loaded Dog, Tarago, [www.loadeddoghotel.com](http://www.loadeddoghotel.com).

### Sunday 16

The Acoustic Sessions – Marji Curran, Iron Bar, Goolabri, 2–4pm

Karl Brodie – Royal Hotel, Bungendore, 4pm.

### Sunday 23

The Acoustic Sessions – TBA, Iron Bar, Goolabri, 2–4pm.

The Roys – Royal Hotel, Bungendore, 4pm.



MINH HA – IRON BAR, GOOLABRI

< see The Acoustic Sessions gigs  
at the Iron Bar, Goolabri, p15.

### During February

### Saturday 1 February to Friday 28 March

#### Exhibition Capturing the Cosmos

CSIRO Discovery Centre, Clunies Ross St, Acton. CSIRO invited the Artist's Society of Canberra to respond to images produced by CSIRO Astronomy and Space Science.

#### Exhibition – Sue Grieves/ Roland Aronsen/Barbara Spence/Ian 'Spike' Farrawell

Bungendore Fine Art, Ellendon St, Bungendore. Ph 6238 1640 or see [www.bungendorefineart.com.au](http://www.bungendorefineart.com.au).

### Until Sunday 16

#### A Tale of Two Cities

The Q, Crawford St, Queanbeyan. This production re-imagines Dickens' dangerous and doomed antihero Sydney Carton as a member of the 27 Club. For more [www.theq.net.au](http://www.theq.net.au).

### Until Friday 28

#### Summerside Festival

Over 25 regional venues across Bungendore, Yass, Hall, Murrumbateman and the Canberra region. Celebrating everything good about summer in the capital region. For more see [www.thepoachersway.com.au](http://www.thepoachersway.com.au).



## EVERY MONTH:

### Every Saturday

#### Capital Region Farmers Market

EPIC grounds, Mitchell, 8–11am. A genuine farmers market offering a diverse range of fresh seasonal food straight from the producer to the consumer and an opportunity to discuss with growers. [www.capitalregionfarmersmarket.com.au](http://www.capitalregionfarmersmarket.com.au)

### 1st Saturday of every month (except January)

#### The Captains Flat Country Markets

Community Hall, Foxlow St, Captains Flat, 10–2pm. Handmade items, craft, jams, pickles, gourmet doggy treats, preloved goods, cakes, biscuits, plants and much more! Stalls \$12. Call either 0438 600 447 or 0407 661 834 or email [markets@captainsflat.org](mailto:markets@captainsflat.org).

### 2nd Sunday of the month (except Jan)

#### Queanbeyan Cottage Markets

Queanbeyan River, on the corner of Morrisett and Collett Streets, 9–2pm. Craft, timber products, pottery, leatherwork, jewellery, toys, honey, jams, chutney, cakes, plants, food and refreshments. Call Kristen 6299 0219.

### 3rd Saturday of every month (except July/August)

#### Wamboin Produce Market

Wamboin Community Hall, Bingley Way, Wamboin, 9–12 noon. Fresh produce including cheese, eggs, honey, vegetables, nuts, seeds and plants.

### 3rd Sunday every month

#### Bungendore Markets

War Memorial Hall, Molonglo St, Bungendore, 9–2pm. Art, craft and local produce.

#### Windy Hall Country Markets

Windellama Hall, 10–2pm, craft goods, Devonshire tea, deli delights and more. For more contact Bob Shaw on 4844 5001.

### 4th Saturday of every month

#### Braidwood Markets

Ryrie Park, Wallace St, Braidwood, 8am. Local crafts and cooking, plant and natural products. Call Geraldine 4847 5061.

## More on regional and local events and local tourist attractions:

[www.bungendore.com.au](http://www.bungendore.com.au)

[www.visitqueanbeyan.com.au](http://www.visitqueanbeyan.com.au)

[www.visitbraidwood.com.au](http://www.visitbraidwood.com.au)

## Come along to the region's only twilight markets!



1st & 3rd  
Fridays  
5–8pm

A welcoming village atmosphere is created right in the centre of Queanbeyan with live music, great food and a range of market stalls selling products by local artists and crafts people, gourmet foods and much more!

In the courtyard at **253 Crawford Street**  
adjacent to  
**Council Chambers**



For more information:  
[cultural.services@qcc.nsw.gov.au](mailto:cultural.services@qcc.nsw.gov.au)  
or phone 6285 6170

The focus is on  
high quality local handmade arts  
and crafts, local produce and food suppliers as  
well as local entertainment to enjoy as the sun goes down.